



North Shore Horticultural Society

P.O. Box 171, Manchester-by-the-Sea, MA 01944

November 2021 Volume XXIV Number 3

www.NSHorticulture.org

Meeting Location

For Zoom meetings, we will email the link to members on the Monday before and again the morning of the meeting.

Upcoming Meetings

Thursday, Nov 11th
7:30 PM

Suzanne Mahler
Live Zoom presentation

Thursday, Dec 9th
7:30 PM

Holiday Decorations
Workshop
*To be determined:
in-person or live Zoom*

Thursday, Jan 27th
7:30 PM

*Topic and location
to be determined*

Thursday, Feb 24th
7:30 PM

*Topic and location
to be determined*

Next Board Meeting

Thursday, December 2nd
7:30 PM

Know and Grow Native Plants

by Suzanne Mahler
Thursday, Nov 11th
7:30 PM

Suzanne Mahler returns to present her program, "Know and Grow Native Plants". A 'native plant' is typically defined as a plant indigenous to a region prior to the arrival of European settlers. Suzanne will describe both New England and North American native trees, shrubs, and perennials that are able to survive our weather extremes with minimal care. When grown in a suitable location, native plants offer beauty while providing habitat for wildlife and pollinators. There will be plenty of images of the native trees, shrubs, and other perennials that are essential to a healthy ecosystem.



Remember to take photos of your garden



or other places of interest that you visit this fall – for sharing in our annual Virtual Garden Tour that we hope to have in January 2022.

President's Message

Carol Batdorf

Hi Everyone,

It is that time of the year when we are getting the gardens ready for their winter sleep. Some of the plants do not seem to know this because they are sending out new buds as if sensing spring is coming. Well we have to get through winter before we get to spring.

It is also that time of year when I reflect on how thankful I am for what I have. I am thankful that I did not have a tree or two fall on my house after the wind and rain of last week. Had two days of no power, lots and lots of tree limbs and twigs strewn all over the gardens and lawn but no damage to speak of. One storm window was broken but that can be fixed. I marvel at how the plants have weathered the storm. Many of the plants are all leaning at the same angle because of the wind direction during the storm but they are still rooted in the ground and the wind-blown blossoms still have insects coming to them for sustenance. The power of nature and the will to survive are amazing.

Walking along the beach after a storm, watching the breakers roar onto the beach and seeing all the wind damage and debris in people's yards makes me wonder what it would have been like for the people on the Mayflower if they had experienced a Nor'easter as they came ashore all those years ago. They had to work together as it was to survive and they wouldn't have survived without the help of the native tribes that inhabited the lands before they came.

We are always relying on the knowledge

~ continued on next page ~

President's Message (*continued*)

and helping hands of people around us. We are thankful for people that can help us with our garden questions as Suzanne Mahler will do during November's meeting. Please enjoy the talk and learn about native plants.

It is good to have a holiday that lets us acknowledge the bounty of what we have. For those that do not have as much, it is good to be able to help others at this time by giving to the Families and Friends of Salem. Gifts can be dropped off at Joan and Pete Johnson's home from Nov. 6th to Nov. 13th. Thank you for your help in making the holidays a bit brighter for those that need a helping hand.

Happy Thanksgiving everyone. ~ Carol

Gift Giving for Children's Friend and Family Services of Salem

Our tradition for the NSHS November meeting has been for each member to bring an unwrapped gift, which we then deliver to the Children's Friend and Family Services of Salem (CFFSS). This year, since we are not meeting in person, **you can drop off your donation at Joan and Pete Johnson's house at 667 Hale Street in Beverly Farms between Saturday Nov 6th through Saturday, November 13th**. You can leave items on the bench on the porch. Suggested items include toys, toiletries, new clothing, or gift cards (for example, from Market Basket or Target).

This community service was suggested years ago by long time Board member, the late Alice Salter. Since 1837, CFFSS has committed itself to a sustainable, long term vision of creating and cultivating a community of loving, caring, capable families. Throughout the years, they have partnered with families in the face of difficulties, loss, trauma, and mental illness. For more information, go to: <https://jri.org/community-services/childrens-friend-and-family-services>

How Nature Helps Us Heal

"Nature employs the mind without fatigue and yet enlivens it. Tranquilizes it and enlivens it. And thus, through the influences of the mind over body, gives the effect of refreshing rest and reinvigoration to the whole system."

See *Greater Good Magazine's* article:

https://greatergood.berkeley.edu/article/item/how_nature_helps_us_heal

Trees that Talk - How Fungal Networks Connect the Forest

shared by Joan Johnson

*from Hartney Greymont's The Leaflet:
Your Resource for All Things Trees*



The Ameri-canopy: The Most Abundant Native Trees in the United States

There are more than 850 native and naturalized tree species spanning the country. According to the United States Forest Service, these are the top five most numerous trees in America.

Red maple – Extremely adaptable and popularly planted for shade and fall color. 20 plus trillion.

Loblolly Pine – A southern native, the loblolly pine can grow more than 2 feet each year. 19 plus trillion.

Sweetgum – With sap that can be used as chewing gum, the sweetgum's leaves turn bright yellow, fiery red, and deep purple in autumn. 13 plus trillion.

Douglas fir – Second tallest to only the redwood, this hardy evergreen dominates the northwest, and is also a popular Christmas tree. About 10 trillion.

Quaking aspen – the most widely dispersed tree in the United States, although not the most numerous, its leaves transform into vibrant yellow and gold in the fall. About 9 trillion.

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## Invasive worms

Member Jane Hardy brought up an interesting subject: Asian jumping worms. Never heard of them? Well, while most of the 21+ worm species in Massachusetts are beneficial, these invasives are not. The problem is that they eat



organic matter so quickly that degradation of the topsoil occurs. They prefer moist areas with high organic content such as flower beds and raised garden beds. They don't attack one's plants, but destroy the soil and spread quickly. They can grow to 8 inches in length. The photo shows their distinctive white band close to the head. There is currently no curative. For more information about these worms:

<https://ag.umass.edu/landscape/fact-sheets/jumpingcrazysnake-worms-amyntas-spp>

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